

## **Be Prepared to face challenges after Lock down**

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We all are on this planet, with some special purpose, we need to know ourselves. But we are busy in knowing what others are doing, that's why we don't understand our own strengths and weaknesses.

**"We need Strength while doing the Possible But we need Faith while doing the Impossible"**

Every youth as well as aspiring graduates, must understand the fact that change is the only permanent thing. We must adapt with the changes. We need to be very creative and flexible to adapt with the changing scenario. I have seen faculty members, especially Professors, if someone asks any interdisciplinary questions, "That is not my area of specialisation" But now even every faculty must be flexible to adapt with the changing scenario. We must try to learn new things, implement new methodologies to our own old projects.

Youth must try to identify the requirements in the Society, in the market and accordingly they can decide what to do.

There are ample opportunities. Every problem comes with solution. Every difficulty generates opportunity. But we need to see opportunity positively. If somebody says, I cannot do this work..he/she is outdated.

Be open for challenges: What does it mean? Be prepared to accept, adjust and appreciate. We need to change our Attitude. We have seen many Scholars opening their own business and then they become more of money-men than a technocrat or scholar, because it is the demand of business, being owner of a firm one has to learn the finance related terms, legal aspects etc.

So first thing every youth should do is, start saying there are ample opportunities and I am going to do any type of work as I can do anything and everything.

All power lies within you. Once you realise the superpower in you, you can win the World. An Engineer must be able to do all kind of work an ITI under him/her is doing. In our country, once a student becomes engineer, he/she even their parents feel like, from the day one their child should earn a big fat salary. This generation is born in a 2 minutes Maggi times. But 2 minutes Maggi is never a daily healthy food option and its long term effects are in fact ruining our lives. So patience is to be learnt. You will get everything but gradually and with hard work-smart work but not by short cuts or cheating, that's what this Pandemic has taught us.

I am not against any kind of food, but Anything in excess is harmful. Also one should see the nutrition values.

This Pandemic situation is teaching us so many good things. Nature is always transmitting lot of information in form of experiences and leanings, it depends on every individual's grasping: how he/she understands. But one can learn from any situation, if and only if his/her receiver is alert.

Many Youth can think of start ups, as Banks will be open to give loans. Govt has already launched many grants for small start ups. Health sector is the highly demanding area, it is not only limited to Doctors. Let me share some latest businesses: Few years ago there were no agencies coming for your house cleaning for Diwali. But now there are agencies, who come up with their team and your house is cleaned in a day. You are ready for Diwali.

Your home Interior right from Curtains, to crockery everything can be get done through experts. Home Interior-experts have options ready for all income-groups.

There are many areas. One can think of Biomedical engineering –Medical equipment, Sanitising equipment. Yoga Coaching, diet coaching, running NGOs for villagers, Online motivational speaker, Online Meditation coach, Online fitness coach, Online Yoga trainer, etc etc.

There are many opportunities. Mother Earth has more than sufficient for us. We need to value it and understand the nature at right time with right attitude.

"There lies Opportunity in every Difficulty"

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**About the author :** Dr. Archana Nanoty is the Principal at Madhuben & Bhanubhai Patel Institute of Technology, Anand ( Gujarat) Having nearly 20 years of academic and 5 years of Industry experience, she has also published more than 25 published research papers in International Journals. She has also authored a book and delivered expert talks in various conferences. Recipient of “100 Most Dedicated Professors”; “Education Leadership Award,” “Woman of Excellence in the Field of Education,” and “Voice of Nagpur” Award.